

# “We Need to Talk” Family Reading Assignment

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

**Instructions:** You have been asked to read the following sections to help you better understand specific issues associated with terminal illness. All page numbers refer to the book “We Need to Talk: A Practical Guide for Those Facing Terminal Illness” by Larry E. Quicksall (ISBN: 0971947503). If you have any questions about information from the assigned readings, please ask your healthcare provider during their next visit.

| Assigned Readings                                     | Educational Areas                            |
|---|--|
| <b>Problem Area: Grief</b>                            |  |
|   | Basics of Grief (pp. 1-7)                    |
|   | Shock Reaction (pp. 7-8)                     |
|   | Denial Reaction (pp. 8-13)                   |
|   | Anger Reactions (pp. 13-14)                  |
|   | Bargaining Reaction (pp. 15-17)              |
|   | Guilt Reaction (pp. 17-21)                   |
|   | Savior-From-Out-Of-Town (pp. 19-21)          |
|   | Depression Reaction (pp. 21-23)              |
|   | Acceptance (pp. 23-25)                       |
| <b>Problem Area: Care for Patient &amp; Caregiver</b> |  |
|   | Curative vs. Comfort Care (pp. 26-27)        |
|   | Pain Control (pp. 27-31)                     |
|   | Nausea (pp. 32-34)                           |
|   | Constipation (pp. 34-35)                     |
|   | Dehydration (pp. 36-38)                      |
|   | Food & Artificial Feeding (pp. 38-41)        |
|   | Oxygen (pp. 41-42)                           |
|   | Medical Equipment (pp. 42-43)                |
|   | Caregiver Caring for Self (pp. 44-48)        |
|   | Family Caring for the Caregiver (pp. 48-49)  |
| <b>Problem Area: Future Plans</b>                     |  |
|   | Advanced Directives (pp. 50-51)              |
|   | Do-Not-Resuscitate Order (pp. 51-52)         |
|   | Living Will (pp. 53-54)                      |
|   | Power of Attorney of Healthcare (pp. 54-56)  |
|   | Power of Attorney of Finance (pp. 56-58)     |
|   | Final Arrangements (pp. 58)                  |
|   | Whether to Have a Funeral (pp. 59-60)        |
|   | Burial or Cremation (pp. 60-61)              |
|   | Funeral Arrangements (pp. 61)                |
|   | Cremation Remains (pp. 61-62)                |
|   | Displaying Personal Effects (pp. 62-63)      |
|   | Distribution of Property (pp. 63-64)         |
|   | Children and Funerals (pp. 65-68)            |
|   | Preserving Your Memories (pp. 68-70)         |
|   | Alternative & Herbal Treatments (pp. 70-71)  |
|   | Phase 1: Introductory Phase (pp. 72-74)      |
|   | Phase 2: Work Phase (pp. 74-77)              |
|   | Phase 3: End Phase (pp. 77-78)               |
|   | Early Signs of Approaching Death (pp. 78-79) |
|   | Later Signs of Approaching Death (pp. 79-81) |
|   | Signs of Active Dying (pp. 81-82)            |

# “We Need to Talk” Family Reading Assignment

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

**Instructions:** You have been asked to read the following sections to help you better understand specific issues associated with terminal illness. All page numbers refer to the book “We Need to Talk: A Practical Guide for Those Facing Terminal Illness” by Larry E. Quicksall (ISBN: 0971947503). If you have any questions about information from the assigned readings, please ask your healthcare provider during their next visit.

| Assigned Readings                                     | Educational Areas                            |
|---|--|
| <b>Problem Area: Grief</b>                            |  |
|   | Basics of Grief (pp. 1-7)                    |
|   | Shock Reaction (pp. 7-8)                     |
|   | Denial Reaction (pp. 8-13)                   |
|   | Anger Reactions (pp. 13-14)                  |
|   | Bargaining Reaction (pp. 15-17)              |
|   | Guilt Reaction (pp. 17-21)                   |
|   | Savior-From-Out-Of-Town (pp. 19-21)          |
|   | Depression Reaction (pp. 21-23)              |
|   | Acceptance (pp. 23-25)                       |
| <b>Problem Area: Care for Patient &amp; Caregiver</b> |  |
|   | Curative vs. Comfort Care (pp. 26-27)        |
|   | Pain Control (pp. 27-31)                     |
|   | Nausea (pp. 32-34)                           |
|   | Constipation (pp. 34-35)                     |
|   | Dehydration (pp. 36-38)                      |
|   | Food & Artificial Feeding (pp. 38-41)        |
|   | Oxygen (pp. 41-42)                           |
|   | Medical Equipment (pp. 42-43)                |
|   | Caregiver Caring for Self (pp. 44-48)        |
|   | Family Caring for the Caregiver (pp. 48-49)  |
| <b>Problem Area: Future Plans</b>                     |  |
|   | Advanced Directives (pp. 50-51)              |
|   | Do-Not-Resuscitate Order (pp. 51-52)         |
|   | Living Will (pp. 53-54)                      |
|   | Power of Attorney of Healthcare (pp. 54-56)  |
|   | Power of Attorney of Finance (pp. 56-58)     |
|   | Final Arrangements (pp. 58)                  |
|   | Whether to Have a Funeral (pp. 59-60)        |
|   | Burial or Cremation (pp. 60-61)              |
|   | Funeral Arrangements (pp. 61)                |
|   | Cremation Remains (pp. 61-62)                |
|   | Displaying Personal Effects (pp. 62-63)      |
|   | Distribution of Property (pp. 63-64)         |
|   | Children and Funerals (pp. 65-68)            |
|   | Preserving Your Memories (pp. 68-70)         |
|   | Alternative & Herbal Treatments (pp. 70-71)  |
|   | Phase 1: Introductory Phase (pp. 72-74)      |
|   | Phase 2: Work Phase (pp. 74-77)              |
|   | Phase 3: End Phase (pp. 77-78)               |
|   | Early Signs of Approaching Death (pp. 78-79) |
|   | Later Signs of Approaching Death (pp. 79-81) |
|   | Signs of Active Dying (pp. 81-82)            |