

“We Need to Talk” Family Education Worksheet

Patient Name:	ID#:	Staff Signature:	Date:
Those Participating in Education:			

Instructions: Document type of education provided to family by placing a check mark in the appropriate column. All page numbers refer to the book “We Need to Talk: A Practical Guide for Those Facing Terminal Illness” by Larry E. Quicksall (ISBN: 0971947503). Describe additional education at the bottom of each section.

Problem Area: Grief

Limited understanding about the grieving process.

Educational Areas	Taught by Staff	Assigned Readings
Basics of Grief (pp. 1-7)		
Shock Reaction (pp. 7-8)		
Denial Reaction (pp. 8-13)		
Anger Reactions (pp. 13-14)		
Bargaining Reaction (pp. 15-17)		
Guilt Reaction (pp. 17-21)		
Savior-From-Out-Of-Town (pp. 19-21)		
Depression Reaction (pp. 21-23)		
Acceptance (pp. 23-25)		
Additional Education:		

Problem Area: Future Plans

Limited understanding about planning for the future.

Educational Areas	Taught by Staff	Assigned Readings
Advanced Directives (pp. 50-51)		
Do-Not-Resuscitate Order (pp. 51-52)		
Living Will (pp. 53-54)		
Power of Attorney of Healthcare (pp. 54-56)		
Power of Attorney of Finance (pp. 56-58)		
Final Arrangements (pp. 58)		
Whether to Have a Funeral (pp. 59-60)		
Burial or Cremation (pp. 60-61)		
Funeral Arrangements (pp. 61)		
Cremation Remains (pp. 61-62)		
Displaying Personal Effects (pp. 62-63)		
Distribution of Property (pp. 63-64)		
Children and Funerals (pp. 65-68)		
Preserving Your Memories (pp. 68-70)		
Alternatives & Herbal Treatments (pp. 70-71)		
Additional Education:		

Problem Area: Patient Care & Caregiver Care

Limited understanding about caring for the patient and caregiver.

Educational Areas	Taught by Staff	Assigned Readings
Curative vs. Comfort Care (pp. 26-27)		
Pain Control (pp. 27-31)		
Nausea (pp. 32-34)		
Constipation (pp. 34-35)		
Dehydration (pp. 36-38)		
Food & Artificial Feeding (pp. 38-41)		
Oxygen (pp. 41-42)		
Medical Equipment (pp. 42-43)		
Caregiver Caring for Self (pp. 44-48)		
Family Caring for the Caregiver (pp. 48-49)		
Additional Education:		

Problem Area: Phases of Terminal Illness

Limited understanding about the phases of terminal illness and signs of approaching death.

Educational Areas	Taught by Staff	Assigned Readings
Phase 1: Introductory Phase (pp. 72-74)		
Phase 2: Work Phase (pp. 74-77)		
Phase 3: End Phase (pp. 77-78)		
Early Signs of Approaching Death (pp. 78-79)		
Later Signs of Approaching Death (pp. 79-81)		
Signs of Active Dying (pp. 81-82)		
Additional Education:		