



Are your patients facing terminal illness?

*Are you looking for a resource
to help both patients and family members?*

*Are you looking for a comprehensive yet
inexpensive book that people will eagerly read?*

This Book Will Help!

We Need to Talk

**A Practical Guide
for Those Facing Terminal Illness**



A Note from the Author

“There are many incredible challenges for families who are caring for a loved one with a terminal illness. Their head is telling them one thing, while their heart is often telling them another. There are so many issues that you have to help them understand and adjust to in

such a short amount of time, that it is very hard to do it all. That is where “We Need to Talk” comes in!

As a hospice social worker, I always wanted an easy to understand book that families could use as a practical resource to read at their own pace and share with others in the extended family. That ongoing need was the inspiration for this book.”

*Larry E. Quicksall, LCSW
Author of “We Need to Talk”*

Topics Covered in We Need to Talk

Emotional Expressions of Loss

Grief, Shock, Denial, Anger, Bargaining, Guilt, Depression, and Acceptance

Caring for the Patient

Curative vs. Comfort Care, Pain Control, Nausea, Constipation, Dehydration, Artificial Feeding, Oxygen, and Medical Equipment

Caring for the Caregiver

For the Caregiver, and For Family & Friends

Items of Importance

Advanced Directives, Final Arrangements, Children & Funerals, Preserving Memories, and Alternatives & Herbal Treatments

Phases of Terminal Illness

Introductory Phase, Work Phase, and End Phase

Signs of Approaching Death

Early Signs, Later Signs, and Active Dying

Terminal Illness is one of the greatest challenges any family will face. With so many questions wrapped in a multitude of emotions, families are often lost in what to think or where to turn.

This Book Will Help.

We Need to Talk is a practical guide to help the patients and families you serve face the upcoming challenges. Inside they will find advice, tips, and explanations to help them better understand and address many of the issues they will face.

Also, **We Need to Talk** is a pass-along book to be shared among family members to help alleviate fears and bring a greater sense of understanding and togetherness during this important time.

We Need to Talk is written by Larry Quicksall, a hospice social worker, who has personally helped hundreds of families cope with end-of-life issues.

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